

12.50

STEP 1

PICK ONE

- QUINOA
- COCONUT RICE
- SKILLET POTATOES

STEP 2

(OPTIONAL):

- CHICKEN (+4.00)
- CRISPY CHICKEN (4.50)
- GRILLED VEGETABLES (+3.50)
- SALMON (+8.00)
- SHRIMP (+6.00)
- GRILLED BEEF (4.00) VEGAN
- BEEF STRIPS (+6.00)

NOW.....TELL ME YOUR FLAVOR:

- GREEN HERB:** KALE, SWISS CHARD, COLLARDS, CHILI & HERB SAUCE
- CURRY:** CURRIED CHICKPEAS, RED CABBAGE, RED PEPPERS
- BUFFALO:** KALE, PIRI PIRI BUFFALO SAUCE, BLUE CHEESE SLAW
- ASIAN:** ASPARAGUS, SUNDRIED TOMATOES, BROCCOLI, CABBAGE, ASIAN GLAZE

WANT FRIES?

MAKE 'EM DIRTY

10.75

- HERB FRIES
- W/ BLUEPRINT CHEESESTEAK,
- PICO DE GALLO,
- GARLIC MAYO
- MAKE 'EM VEGAN (2.00)



COFFEE, ESPRESSO, TEA & MORE
ADD A FLAVOR FOR .25



ORGANIC ESPRESSO 3.10
(DOUBLE SHOTE)
MACCHIATO 3.25

	12OZ	16OZ	20OZ
AMERICANO	3.50	4.00	4.25
CAFE LATTE	3.75	4.25	4.50
CAPPUCCINO	3.75	4.25	4.50
MOCHA LATTE	4.00	4.50	4.75
HOMEMADE CHAI	3.75	4.25	4.50
SPICY HOT COCOA	3.75	4.25	4.50
SEASONAL LATTE	4.00	4.50	4.75
FRENCH PRESS	4.00	4.50	4.75
AFFOGATO	3.75	4.25	4.50
LOOSE TEA (HOT)	2.00	2.50	2.75
DRIP COFFEE	1.50	2.00	2.25

ADD:
EXTRA SHOT .50
MILK .50

ALTERNATIVE
ALMOND MILK
COCONUT MILK

COLD AS ICED

GREEN & FRUITY 16OZ 9.95 20OZ 11.95
SPINACH, MANGO, FLAX, BANANA, PINEAPPLE

GINGER EXPLOSION 16OZ 9.95 20OZ 11.95
COCONUT WATER, PINEAPPLE, CARAMELIZED GINGER

BLUEPRINT COLADA 16OZ 9.95 20OZ 11.95
MILK, PINEAPPLE, BANANA, CREAM OF COCONUT

ESPRESSO LOVA 16OZ 9.95 20OZ 11.95
VANILLA ICE CREAM, ESPRESSO, CARAMEL

FRENCH VANILLA 16OZ 9.95 20OZ 11.95
CHOCOLATE DELUXE & EVEN CARAMEL

VANILLA ICE CREAM, CHOCOLATE ICE CREAM, SEA SALT CARAMEL PRETZEL ICE CREAM W/ CARAMEL

NANA BUTTER 16OZ 9.95 20OZ 11.95
ALMOND BUTTER, BANANA, DATES, WALNUTS & MILK

TIKI FRESH 16OZ 9.95 20OZ 11.95
CUCUMBER, MINT, LYCHEE JUICE

FRAPPUCCINO 16OZ 4.00 20OZ 4.75

ICED TEA 16OZ 3.50 20OZ 4.25
(MANGO LASSI, APRICOT, MINT)

LEMONADE 16OZ 3.00 20OZ 3.75
(ACAI, MATCHA PINEAPPLE, APPLE MINT)



SUMMER EDITION

- VEGAN BOLOGNESE 14.95
- PENNE TOSSED W/ IMPOSSIBLE MEAT AND HOUSEMADE MARINARA*
- CRISPY CALAMARI SANDWHICH 12.95
- CRISPY CALAMARI, AIOLI SAUCE SERVED W/ LETTUCE IN A BREAD*
- CROQUE MONSIEUR 12.95
- HOUSE BREAD, SMOKE TURKEY, BECHAMEL SAUCE, CHEESE. SERVED W/ SIDE SALAD*
- PASTA SALMON 18.95
- SAUTEED SALMON IN HOUSEMADE VODKA SAUCE W/ ASPARAGUS AND CHERRY TOMATOS*

SUMMER SWEETS

- CREPE NUTELLA 9.95
- SERVED W/ ICE CREAM AND NUTELLA DRIZZLE*
- ACAI BOWL (V) (NV) 9.95
- ACAI BLEND, TOASTED GRANOLA, SHAVED COCONUT, HONEY OR NUTELLA*

*** CHECK OUR NEW SUMMER SMOOTHIES ***

369 RAYMOND BLVD, NEWARK, NJ
973.732.0421

MONDAY - FRIDAY 6A-9P SATURDAY 7:30A-9P